

Village Times

KERIKERI
RETIREMENT
Village



Hilary Sumpter - Chief Executive

DECEMBER 2017

Welcome... TO OUR NEWSLETTER

So here we are, about to enter the Festive Season again. I know Christmas happens every year, but why is every year shorter? Perhaps it's because we pack so much in at the Village, especially in the recent months where we've had a major update to the phone system, rebuilt our website, (if you haven't seen it please take a look), created a Facebook Page where you can keep up with the daily goings on here at the Village, and celebrated a number of staff achievements.

On top of that there's been lots of amazing gatherings and outings with our lovely residents. Included amongst the highlights are visits from Team New Zealand and the community speaker programme in the Social Centre. Thanks to all those who took time out of their busy schedules to share their skills and ideas with us.

Another memorable event was having a stand at the Waimate North Show. This was a really fun and worthwhile day and it was great to see so many familiar faces at the show (more on this on page 11). I'd particularly like to thank Leanna Jay and the gardening team, Geran, Judy, Annie and Finn Brewer, Amanda Millar, Jo Clapton, Trustee Suzanne Brocx, Frances Shaw and Cheryl Silich for all their efforts in putting together and hosting a spectacular stand.

The Christmas Parade was also a standout occasion and our theme of 'Stayin' Alive' brought smiles to a lot of faces. Great work Geran and his band of merry volunteers who built the float and a huge thank you to Broad Spectrum for loaning us their truck and also to all who boarded her.

One thing we haven't quite been able to tick off the list is breaking soil at 127 Kerikeri Road but it's safe to say we can now park this until February at least. It's frustrating but good things take time, if it's worth doing it's worth doing well, and all those other clichés. We've got quite a bit of positive interest in the apartments which is really exciting.

At the Board of the Village's AGM, held on the 24th of November, John Baird resigned as Chairman but he remains on the board. John led the Trust for six years after joining the Board in 2001. We are all tremendously grateful for his input and commitment during this time leading the Governance team and driving continuous improvement. Mike Simm is his replacement, with Suzanne Brocx as Deputy.

I'd also like to recognise all of our residents and their families for making my role so special. You are the reason we are here and I so enjoy the time I spend with you. Wishing you the most festive of holiday seasons and a Happy New Year ... roll on 2018!

Feeling Festive

December is an especially busy time here at the Village with celebrations running for the full month. This year saw the festivities launched by a group of international students from Kerikeri High School who came to decorate the Christmas Tree in reception and to spread some good cheer.



Our sincere thanks and best wishes for a fantastic kiwi Christmas go to (from left) Lion Malzbender (Germany), Cecelia de Guidi (Italy), Giulia Zanetti (Brazil), Giorgia Muraro (Italy) and Felipe Da Silva (Brazil).

Welcome to...



Gary Cottle.



Norma Midgley.



Blackie – latest resident of Tui Wing.



Lynette Youlden.



Murray McBeath.



Karen Pilling.

Foster Hope this Christmas



Some children don't have a lot to look forward to this Christmas so our Village residents and staff were only too happy to contribute presents that Foster Hope Northland will distribute to children who might otherwise go without.

Here's resident Bob Simson with just a few of the gifts that were donated.

A Career in Healthcare

At the Village we encourage and support all of our staff to achieve national certification in their chosen field.

As well as ensuring that our residents receive the very highest level of care, promoting further education fosters a culture of continuous improvement and signals to the wider community that working here is a positive career choice.

Congratulations to the following Healthcare Assistants and Village Support staff; Rose Nyakudya for attaining her NZ Certificate in Health & Wellbeing Level 2; Nga Grace, Lynette Lewis, Raewyn Melrose, Glenys Ramsey who all passed their National Certificate in Health, Disability & Aged Support Level 3 this year; and Carol Ryan who passed her Ace Programme.

Joanna Comely (Village Support Manager) completed her Assessor Registration with Careerforce and Sandra Trafford is now a registered Diversional Therapist. Congratulations to you both.

We are very pleased to have helped our team to achieve their goals and applaud all the hard work that goes into studying, especially when they are doing this on top of their regular job and family commitments.

NZACA Conference



Every year representatives from the Village attend the NZ Aged Care Association Conference which enables us to share ideas with other service providers in the retirement sector and to keep abreast of industry developments.

The theme for this year's conference was 'Trends & Challenges in the Aging World' which provided lots of inspiration for Clinical Manager Jan Bennenbroek and Operational Support Manager Cheryl Silich.

As well as networking opportunities there were over 80 exhibitor stands exploring IT solutions, household improvements, advances in Diversional Therapy and clinical procedures to name just a few of

the products and services covered. Many of the stands had lucky prize draws and our duo's diligence in visiting them all paid off with Jan winning a lazyboy recliner valued at \$1,000 while Cheryl won an alternating air mattress with adjustable pump – both of which have been put to good use in the Care Facility.

But that wasn't the only thing they bought home because during the

conference formalities Jan and Cheryl were called upon to accept a Highly Commended Award for our Staff Development & Training Video in recognition of our innovative approach to training. It's great to know that while we are not the biggest we are amongst the best.

You can see our award winning video by clicking the link at the bottom of the careers page of our website.

Feeling Complimentary?

Feel free to add a note of congratulations for a job well done or a positive attitude to our Compliment Tree which is displayed on the wall outside the entrance to the Tui Wing.

A simple acknowledgment can really make a difference in someone's day.



A Visit From Team New Zealand

It was a pleasure and a privilege to receive a personal visit from Team New Zealand who popped in to visit on their way to the celebrations in the Domain. They were happy to chat, sign autographs and pose for pictures with anyone who wanted one... and lots of us did.



Changes to the Care Facility Management Structure



Jan Bennenbroek

As our Care Facility continues to grow and evolve, so does the time spent on reporting and compliance requirements. This and the management of the residents, their care, and the staff is no longer a one person job. The Care Facility is still managed by Clinical Manager, Jan Bennenbroek, but she is now supported by Coleen Allison and Robyn Henderson-Rihari who share the role of Assistant Clinical Manager.

Coleen has been assisting Jan for some time and will be familiar to anyone who has visited the Care Facility in the past few years. She is now joined by Robyn who also works two night shifts a week.

So if you need to see Jan and she is unavailable, then either Coleen or Robyn will be available to help. To help you put names to faces we've included photos and short profiles.

Coleen Allison

As well as assisting Jan Bennenbroek, Coleen is our Infection Prevention & Control Nurse.

Originally from Feilding, Coleen shifted to Kaikohe when she was first married, working at the Kaikohe Maternity Home. She later moved to the Bay of Plenty where she completed a Bachelor of Nursing and went on to use those skills in a variety of nursing roles in Rotorua, Australia and Rarotonga before settling in Kerikeri.

Outside of work she adores spending time with her four grandchildren and also enjoys cooking, reading and holidaying at Matauri Bay.



Robyn Henderson-Rihari

Growing up Robyn lived all over New Zealand. She was 14 when the family moved to Kerikeri and not a lot older when she joined St John Ambulance as a volunteer. She loved it so much she went on to qualify as a Registered Nurse, starting her nursing career in Whangarei.

Robyn returned to Kerikeri in 2001 with her husband and daughter and has been working as a Registered Nurse at the Village since 2002. Over that time she has had two more children and has held a number of roles with us including Quality Co-ordinator, Restraints Co-ordinator and Continence Co-ordinator. She has also completed Certificates in Palliative Care and Dementia Care.

After hours Robyn enjoys spending quality time with her family, listening to music, cooking and various arts and crafts.



Eggs-act Construction

Construction of our latest housing project is complete...a mobile chicken coop set to house two or three chooks in the garden of the Tui Wing.

Many thanks to the nice guys at the Men's Shed in Waipapa who built the finely crafted split level home.

Seen here are Alan Taylor (left) and Ian Faulkner whose motto of "measure twice, cut once" saw the job completed efficiently.

We await the arrival of the lucky residents and will include photos of them in their fabulous new home in the next newsletter.





**Volunteer's
Xmas Party**



Xmas Parade 2017



Meet Volunteer Co-ordinator Penelope Spencer



For many, Penelope Spencer is a familiar face as she has worked here for over a year with the Village Support Team, assisting seniors who need a helping hand in their own home.

More recently Penelope has also taken on the role of Volunteer Co-ordinator where she helps to recruit and manage our many volunteers.

A background in admin and IT sees her putting her excellent

organisational skills to good use, ensuring that everyone knows when and where their help is needed.

Previously from Auckland Penelope moved to Kerikeri in 2016 with her partner Duncan. She has an adult daughter and two stepsons who all live in Auckland.

An active relaxer, she's into cycling, hiking, mountain climbing and walking half marathons. She also enjoys photography.

A Walk Down Memory Lane



From time to time we work with the Alzheimers Society as they do a great job of providing information and support in the community.

On September 23rd they held their annual Memory Walk in the Kerikeri Domain. The fundraising event helps to raise awareness of the work they do and is also a great family day.

This year about 120 people enjoyed the walk including our Operational Support Manager Cheryl Silich, who was joined by her daughters Lauren and Renee (pictured) and her grandson Dane.

Back In Our Day...



We recently hosted some students from Springbank School who came to interview our residents for a project that involves discovering, recording and presenting some of their fascinating life stories.

This is a fun day for all and is especially entertaining and enlightening for children who can't imagine life without colour TV, the internet and McDonalds.

This is the third year we have been part of this project which began with an initiative by Teacher, Jill Hatherly, who wanted to make a journalism assignment more interesting for her year 9 students.

And, like last year, we hope to be able to share some of the projects in our next newsletter when they are complete.



Gardeners Dig Whangarei BY HEAD GARDENER LEANNA JAY

Early in October the Gardeners went for a team building trip to Whangarei. This was an excellent opportunity to show Debbie, the newest member of the team, a few of the special places in Northland.

We started at the Quarry Gardens, which was just a feast of colour for the eyes! The gardens are full of lots of little surprise areas and we saw a lot of trees and shrubs that none of us had seen before.

The Quarry Gardens are run and looked after by an amazing team of volunteers. I highly recommend a visit to this place. Entry is by gold coin donation.

Another little known place we visited was the Botanica Whangarei. It takes you on a whirlwind tour through native New Zealand bush, lush tropical jungle and dry arid desert country. Set within one of New Zealand's largest collection of native ferns is

the filmy fern house, purpose-built to house the collection of delicate ferns. Admission is free and the facility is wheelchair accessible.

The Botanica is located in First Avenue, Whangarei with parking available in the Forum North carpark. After visiting, you can take a stroll over the footbridge to Cafler Park where you will find the Scented Garden, Rose Garden and Whangarei Art Museum.



Technology Upgrade



Back in 2002, when we officially opened the Administration Block, our offices were full of the latest equipment. But after 15 years and significant growth, our phone system was no longer up to the task.

In September Royce Clark from Roycom decommissioned our old

PABX and replaced it with a new VOIP PABX.

VOIP stands for Voice Over Internet Protocol and basically means that calls go through a high bandwidth internet line rather than a traditional telephone line resulting in more affordable, superior quality connections.

The new system can cope with up to 200 extensions, providing ample allowance for future expansion.

Following coaching from Royce and the team, we are enjoying the new capabilities of this amazing technology.

Exciting Adventures!



We have always offered activities and outings for cottage and apartment residents but we have just appointed a part time Activities Co-ordinator whose sole focus will be organising and hosting a varied and stimulating program of events.

Welcome to Karen Hawtin, a former teacher with over 25 years' experience. Originally from Canada, Karen moved to Kerikeri in 1989 as a newlywed. She returned to Canada for a while but now

considers New Zealand her home and has three adult children here and in Australia.

Her partner Gavin grows orchids which she loves to use in her floral art. She's a woman with many interests including walking, bike riding, yoga, square dancing, sailing, fishing, floral art, gardening, cooking, and playing the guitar and ukulele. Karen also has strong community ties. As well as volunteering at the Turner Centre, she does the floral arrangements at the Cornerstone church.

With such wide interests and connections, we look forward to seeing what Karen comes up with for our upcoming outings. You can see what adventures she has planned on the Diary Dates page of our website.

A Wee Flutter!



Cup Day always creates some excitement in the Village with everyone gathering to watch the race and see how they did in the sweepstake.

Hats are also a big feature of the day. Above are Operational Support Manager Cheryl Silich, Diversional Therapist Sandra Trafford and Receptionist Sarah Barker.

Waimate North Show



Despite the forecast, the weather held nicely for the Waimate North Show. At our stand we had concept plans of the apartments we are building next year, a fun memory game and lots of plants for sale.

These were propagated by our talented gardeners who grow

most of the plants and shrubs that you see in the beautiful gardens at the Village.

We always have a small display of seedlings available for sale by the front door of the Administration block at the Village, but there is a much greater range of plants available from our Nursery.



If you'd like to take a look at the full range available for sale call us on 09 407 0070 and make time for one of our gardeners to show you around.

Special thanks to REAL for the loan of their marquee.

Pressure Injury Prevention

With awareness and correct management, 95% of pressure injuries are preventable so we decided to participate in the global Stop Pressure Injuries Day.

Heather MacMillan, our Staff Development Co-ordinator, and Robyn Williams, our Quality and Risk Co-ordinator, created a series of interactive displays and a crossword which could only be completed by visiting and reading the various displays throughout the Care Facility.



It was a fun way of reinforcing a very important message and shows our continued commitment to pro-active training and pressure injury prevention. Many thanks to Terrain Northland Safety Shop in Waipapa for lending the stop signs and to Anthony and June Ward for their help.



Talking Books... “Just Wonderful!”

Visual impairment can really impact on our enjoyment of life, particularly as we get older and are often more reliant on reading or watching television to stay in touch with what's happening or to provide mental stimulation.

Here at the Village we have a range of large print books in our library which residents are welcome to enjoy free of charge. But if you've read them all, or you want something different, Talking Books may be the answer.

The books and a player are provided by the Blind Foundation following a referral from an optometrist or ophthalmologist.

Care Facility resident Maurie Phillips has recently started using a Talking Book and finds it “very relaxing to sit back and listen to the stories... just wonderful!”

For more information on accessing books for yourself or a family member call the Blind Foundation on 0800 24 33 33.



Diary Dates

Village Residents Christmas BBQ

Fri. 8th December | 4.00pm
Western Theme in the social centre, no cost.

Afternoon Movie

Weds. 13th December | 2.30pm
Christmas Theme in the Social Centre.

Christmas Carols

Fri. 22nd December | Time TBA
Around the village.

Wendywood Afternoon Tea

Weds. 10th January | 2.30pm
In the Wendywood Lounge.

Village Beach Picnic

Fri. 16th February | 10.30am
Bus leaves reception.

Fit For Action

Village Manager Frances Shaw ready and raring to go in the Kerikeri Half Marathon.

Despite the dreadful conditions Frances was happy with her time and enjoyed the event.

“It's a lovely scenic run and lots of fun.”



Haruru Falls Cruise



Mo McCaig.



Gillian French and Gillian Preece.

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